



**NOTRE-DAME-DES-PHILIPPINES
CATHOLIC MISSION
MONTREAL, CANADA
13 October 2013
28th Sunday in Ordinary Time - Year C**



We Filipinos pride ourselves on being people with “utang na loob” – persons who feel grateful for favors received – and do not fail to manifest our gratitude as the opportunity arises. This is a precious cultural value highly praised by Jesus in today’s Gospel passage.

Unfortunately, sometimes, while being so ready to express our gratitude for favors received from human beings, we are less grateful to God, who is our greatest Benefactor. A real Christian gives thanks to the Triune God both individually and as a member of the Christian community, especially through the celebration of the Eucharist, the greatest act of thanksgiving which we can offer to God.



THE BEAUTY OF GRATITUDE

The word “thanks” is just one syllable, but many are unable to pronounce it. This is due not to a speech impediment but to a moral deficiency which paralyzes their hearts. Some are fast in asking for favors, but very slow in showing gratitude once they have received what they wanted. The group of nine

lepers who were cured by Jesus and walked away unmindful of their benefactor, is just a tiny delegation of the immense throng of ungrateful persons who take everybody, every service, everything for granted.

They *take people for granted*, even when the favor or service received may have cost a lot of sacrifice. They *take God for granted* – His gift of creation, the gift of their very persons, with all the wonderful qualities of soul and body . . .

They take for granted His grace, the Church, the sacraments, eternal life!

Ungrateful people are too blind, too deaf, too insensitive, too dull or too proud to say thanks to anyone, including God. If He could ever be saddened, human ingratitude would surely make Him very sad. Gratitude is spontaneous for few. For most of us, however, it is a virtue acquired gradually, just like humility, generosity and honesty, virtues on which it is based. We have to learn to be attentive and responsive even to the smallest signs of kindness or generosity toward us. We have to learn to show appreciation for what other people and God do for us.

Without our realizing it, such an awareness enriches us immensely as does the awareness that we are loved, and the desire to love in return.

Gratitude is indeed a form of love – love returned. A simple way of being great.

A great way of being human.

There are so many ways of being thankful. It can be a written note, a frank smile, a sincere handshake, a delicate caress, a silent tear, a word uttered when it is time to speak it, or a word kept unsaid when grateful love demands that it should not be said.

Whatever form it may take, gratitude can never be a momentary formality. When it becomes such, it is hypocrisy. Then it is no better than ingratitude. Real gratitude is rooted deep in the “heart” of a person. It is “*utang na loob*” that characterizes a person’s life and establishes him/her in a permanent attitude of being a grateful debtor. Such deeply rooted attitude becomes alive whenever the occasion arises.

Then life becomes an unceasing “eucharist” – a holy thanksgiving, a joyous giving of self to God and neighbor, in imitation of, and in union with Jesus, the one who taught men the real meaning and the million shades of “*utang na loob.*” **WORD AND LIFE PUBLICATION**



**HOLY FATHER'S PRAYER
INTENTIONS
FOR OCTOBER 2013**

*** People in Despair.** *That those feeling so crushed by life that they wish to end it may sense the nearness of God's love.*
***World Mission Day.** *That the celebration of **World Mission Day** may help all Christians realize that we are not only receivers but proclaimers of God's word.*



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If we have died with
[Jesus Christ] we
shall also live with
him if we persevere
we shall also reign
with Him.

-2 Timothy 2:11-12a

Consecration to the Blessed Virgin Mary

Most Holy Virgin Mary, tender Mother of men, to fulfill the desires of the Sacred Heart of Jesus and the request of the Vicar of Your Son on earth, we consecrate ourselves and our families to your Sorrowful and Immaculate Heart, O Queen of the Most Holy Rosary, and we recommend to You, all the people of our country and all the world.

Please accept our consecration, dearest Mother, and use us as You wish to accomplish Your designs in the world.

O Sorrowful and Immaculate Heart of Mary, Queen of the Most Holy Rosary, and Queen of the World, rule over us, together with the

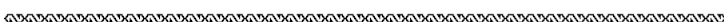


Sacred Heart of Jesus Christ, Our King. Save us from the spreading flood of modern paganism; kindle in our hearts and homes the love of purity, the practice of a virtuous life, an ardent zeal for souls, and a desire to pray the Rosary more faithfully.

We come with confidence to You, O Throne of Grace and Mother of Fair Love. In flame us with the same Divine Fire which has inflamed Your own Sorrowful and Immaculate Heart. Make our hearts and homes Your shrine, and through us, make the Heart of Jesus, together with your rule, triumph in every heart and home. Amen.
Pope Pius XII



***The Filipino Catholic Mission of Montreal joins Pope Francis
in Consecrating the World, the Church, to The Immaculate Heart of
Mary!***





Every Parish across the world will celebrate World Mission Sunday next

week. It is a global sign of the Universal Church and mission. Your prayers and donations will help support churches, hospitals, schools and vocations in countries where the Church is beginning, where it is new. World Mission Sunday is our chance to assist Catholic Communities throughout the world flourish. By sharing the gift of faith we can bring hope and love to those who need it most.

A Special Collection will be taken up next Sunday for this Purpose.

PLEASE PREPARE FOR IT AND BE GENEROUS !

Thank You.



Are you an adult thinking more deeply about God? About faith? About things that last?

Are you an adult thinking about joining the Catholic Church? Are you an adult who considers yourself

Catholic but has never been baptized? Or been confirmed? Or celebrated First Communion? If so, call Sister Celia at 514- 387 5292 for more information..or to find out about the RCIA process.

What every Catholic should know

ABOUT

EVANGELIZATION

BIBLE DISCOVERY

CALLING ADULTS WHO WOULD LIKE TO KNOW MORE ABOUT THE FAITH !!!

Every Sunday @ 9:30 a.m., @ the Church Hall beginning today, The Evangelization and Bible Discovery Seminars would once again be held in our Mission community.

EVERYONE IS WELCOME !

PLEASE NOTE: In the interest of keeping our sick list current, names will remain on the sick list in the bulletin for a period of one month. After a month, the name will be removed, unless a it is requested that the name be kept on the list. Pls. inform the Bulletin Editor by e-mail (jhnaracena@gmail.com) to add, remove or keep a name on the sick list.

THOUGHT FOR THE DAY

Christ has no body but yours,
No hands, no feet on earth but yours,
Yours are the eyes with which he looks
Compassion on this world,
Yours are the feet with which he walks
to do good,
Yours are the hands, with which he blesses
all the world.
Yours are the hands, yours are the feet,
Yours are the eyes, you are his body.
Christ has no body now but yours,
No hands, no feet on earth but yours,
Yours are the eyes with which he looks
compassion on this world.
Christ has no body now on earth but yours.
~ Teresa of Ávila (attributed)

TOMORROW IS

CANADIAN THANKSGIVING DAY.

The simple meaning of 'Thanksgiving' is the expression of gratitude and the giving of thanks. Thanks Giving Day is simply directed towards the Almighty.



Happy

Thanksgiving

God has created all of us and He has provided all the necessary things for our survival in this world.

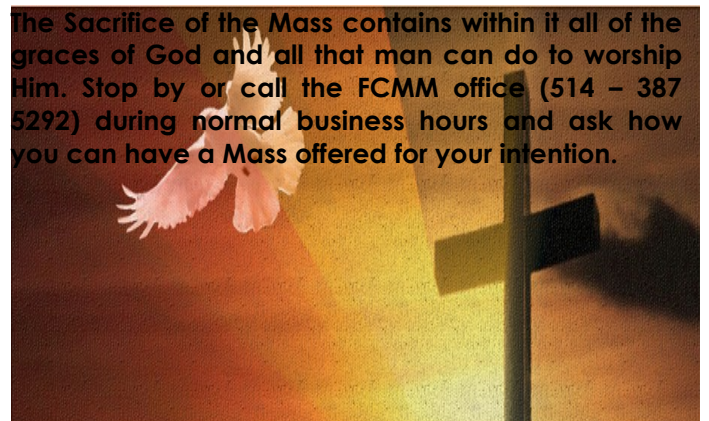
No matter how tough our life could be but He is always there to take care of us and to give us all the good things.

Let us express our gratitude towards Him and thank him for the kindness and

blessings that he has bestowed upon us. To praise Him we verbally express admiration towards Him to honor and glorify His greatness with prayers and songs.

MASS INTENTIONS

The Sacrifice of the Mass contains within it all of the graces of God and all that man can do to worship Him. Stop by or call the FCMM office (514 - 387 5292) during normal business hours and ask how you can have a Mass offered for your intention.





regularly return to thank God? Or do we run off to our busy lives, taking for granted all the wonderful blessings that God gives to us every day?

Your Offerings for ending October 6, \$ 1,1,779. 00



OFFERING

the week 2013 totaled

would like to invite you to a LIFE IN THE SPIRIT SEMINAR. It will be held in the Church Hall of the Filipino Catholic Mission of Montreal on SATURDAY- November 9 (9:00 a.m.- 5:00 p.m. and SUNDAY - November 10 (9:00-11:00 a.m.). FREE ADMISSION - Food and drinks will be provided. The speaker is Bro. Rogelio 'Jing' Mendoza, Head Counsellor of the Loved Flock Ministries in Manila. He will be joined by a team from the Loved flock Toronto Chapter . Come and join us to learn about and to be empowered by the Holy Spirit.



Thank you for your continuing generosity ! God bless you always!!!



- We join in the *Thanksgiving Intentions of:*

LUCILLE MANIGAO, RHEA THERESE FOZ, TERESITA &

SERGIO MIÑON, RACHEL WONG, ROSE RODRIGUEZ, FELY MANGUBAT and FAMILY, JUN & NESSIE SERASPE and FAMILY, ANGELITA CUELLO and FAMILY, JOSEFINA RAQUIZA, THE GUIUANANON DEVOTEES OF OUR LADY OF THE MOST HOLY ROSARY.



- Please join in lifting up to the Lord the special intentions of:

MR. & MRS. CRIS

ESTOQUE,

- Your prayers are also humbly requested for all the sick and suffering members of our Mission community and their loved ones especially: FR. FRANCISCO ALVAREZ pme, FR. ROGER BEGIN pme, FR. GERARD LOISELLE, pme, SR. LUZ PADERANGA op, ALFREDO PADERANGA SR., FE PADERANGA, ANNIE MOJADO, ELECITA ARACENA, BALDOMERA AMBAYEC, JULIA PERLASTAN, JOSEFINA BANGALAN, DAWN DELA PAZ, JOSIE LIMLENGCO, CARMENCITA TRIVINIO, BERNARDINO FERNANDO, ANTONIO FOZ. May God bring them healing and peace.

- Remember also all of our deceased relatives and friends, especially: GREGORIO GERONIMO, GUILLERMO GERONIMO, ILUMINADA SORIANO, PLACIDO SOTELO, ROMEO & OSCAR ALQUIZA, LORETO RUEDAS, EUGENIA BALANAG, ROSARIO and CORAZON, ANITA CACHERO, ALL SOULS IN PURGATORY and those dying everyday in battles and calamities around the world. May their souls and the souls of all the faithful departed rest in peace.



“ but you will receive power when the Holy spirit comes upon you... ” Acts 1: 8

"Has none but this foreigner returned to give thanks to God?" - Luke 17:18

Jesus seems so sad and disappointed in the nine lepers who did not return to thank Him. Do we