



**NOTRE-DAME-DES-PHILIPPINES
CATHOLIC MISSION**
MONTREAL, CANADA
27 October 2013
30th Sunday in Ordinary Time - Year C



This last Sunday of October is also the last Sunday of the Month of the Rosary and of the Missions. We continue praying for our missionaries, offering for them our Rosaries and our material support. Today, we are all invited to reflect on the beauty of the virtue of humility and the ugliness of pride. The Holy Scriptures are full of statements and examples that show how much God loves the humble, and how sternly He deals with the arrogant and the proud. In the Gospel, we hear a man crying out in humility, "O God, be merciful to me, a sinner." Today, we entrust to God our brothers and sisters in prison who are condemned by our society. As we celebrate the Eucharist, we ask God to enlighten them to realize their need for the forgiveness not only of God but also of the people they have hurt. We also pray that together with all those in prison, we can all cry out to God in humility and ask for His mercy and forgiveness.



THE LORD HEARS THE PRAYER OF THE HUMBLE



Prayer is essentially opening oneself to God in love, adoration, praise, gratitude, humble petition for help and forgiveness. . . . When we pray, we gladly acknowledge that all the good things in life come from the Lord, and that everything and everybody are in His hands. Prayer, then, can come only from a humble and honest heart.

This is why proud people are unable to pray. They can recite prayers, of course, use beautiful formulas and even attend Mass. But the words they utter are empty sounds, for they do not come from humble hearts. Their pride blinds them to the greatness of God's creation and love, as well as to the value and merits of

their fellowmen. But especially it blinds them to their own defects and failures. All their attitude is characterized by an all-pervading feeling of self-sufficiency and self-righteousness. This leads them to despise others, and even to condemn and reject them. (See the prayer uttered by the Pharisee in today's Gospel passage.) With such a disposition of heart toward their neighbor, what value can the prayer of the proud have? Oftentimes, it sounds like an insult to God's love and holiness.

Quite different from this is the prayer of the humble. Aware and fully convinced of their dependence on God and of their many failings, humble persons readily acknowledge the Lord's greatness, his generosity, justice and mercy. Prayer comes spontaneous to them, in whatever circumstance of life: in success and in defeat; in good as in poor health; in poverty as well as in abundance

Prayer is for the humble what breathing is for the lungs. It is a need they satisfy with joy.

To be humble does not mean to be sinless. With the exception of Jesus and Mary, no human being is totally free from the stain and sting of sin. Humble persons are aware of their own moral failures,

in spite of all their good will to avoid sin. They feel the need to be forgiven, but do not take God's forgiveness for granted. They know that they do not deserve it. And when they ask God's forgiveness and experience it, they know and acknowledge that it is a "grace" – a pure gift of divine mercy. Such an experience of indebtedness to God disposes the heart of the humble persons to be understanding and forgiving toward their neighbor. While doing their very best to avoid sin and practise Christian virtues, they will not condemn others harshly when they fail, for they know how weak humans are. Rather, with brotherly concern, the humble will include their sinful brethren in their prayers and never deprive them of their love.

This is why the forgiving Lord will always be pleased with the prayers of these humble souls. God is constantly in love with the humble. Their words are sweet music to His ears. Their petitions will be granted because they come from hearts that endeavor to mold themselves according to the heart of Jesus, the most humble of all worshippers, and the most pious of all the humble.

WORD AND LIFE PUBLICATIONS

ARDENT LONGING FOR GOD ~ PSALM 63: 2-9

O God, you are my God whom I seek; for you my flesh pines and my soul thirsts like the earth, parched, lifeless and without water. Thus I have gazed toward you in the sanctuary to see your power and your glory. For your kindness is a greater good than life; my lips shall glorify you. Thus will I bless you while I live; lifting up my hands, I will call your name. As with the riches of a banquet shall my soul be satisfied, and with exultant lips my mouth shall praise you. I will remember you upon my couch, and through the night watches I will meditate on you. That you are my help, and in the shadow of your wings I shout for joy. My soul clings fast to you; your right hand upholds me. Amen.



The prayer of the lowly pierces the clouds; it does not rest until it reaches its goal, nor will it withdraw till the Most High responds.
-Sirach 35:17-18a

Do what you can, and pray for what you cannot, and so God will grant you the ability to do it.
Georges Bernanos
(1888-1948, French writer)

What is prayer?

Prayer is turning the heart toward God. When a person prays, he enters into a living relationship with God. [CCC 2558-2565]

Prayer is the great gate leading into faith. Someone who prays no longer lives on his own, for himself, and by his own strength. He knows there is a God to whom he can talk. People who pray entrust themselves more and more to God. Even now they seek union with the one whom they will encounter one day face to face. Therefore, the effort to pray daily is part of Christian life. Of course, one cannot learn to pray in the same way one learns a technique. As strange as it sounds, prayer is a gift one obtains through prayer.

What prompts a person to pray?

We pray because we are full of an infinite longing and God has created us men for himself: "Our hearts are restless until they rest in you" (St. Augustine). But we pray also because we need to; Mother Teresa says, "Because I cannot rely on myself, I rely on Him, twenty-four hours a day. [CCC 2566-2567, 2591]

Often we forget God, run away from Him and hide. Whether we avoid thinking about God or deny Him - He is always there for us. He seeks us before we seek Him; He yearns for us, He calls us. You speak with your conscience and suddenly notice that you are speaking with God.

You feel lonely, have no one to talk with, and then sense that God is always available to talk. You are in danger and experience that a cry for help is answered by God. Praying is a human as breathing, eating, and loving. Praying purifies. Praying makes it possible to resist temptations. Praying removes fear, increases energy, and gives a second wind. Praying makes one happy.

Praying does not mean listening to yourself speak; praying means calming down and being still and waiting until you hear God.
SOREN KIERKEGAARD
(1813-1855)

For me, prayer is a surge of the heart; it is a simple look turned toward heaven; it is a cry of recognition and of love, embracing both trial and joy.
ST. THERESE OF LISIEUX
(1873-1897)



"They should seek God in the hope that they might feel after Him and find Him. Yet He is not far from each one of us."
 ACTS 17:27



Suddenly I experience the silence like a presence. At the heart of this silence was the One who is Himself silence, peace and tranquility.

Georges Bernanos (1888-1948)

How are the Psalms important for our prayer?

The Psalms, along with the Our Father, are part of the Church's great treasury of prayers. In them the praise of God is sung in an ageless way.

There are 150 Psalms in the OLD TESTAMENT. They are a collection of songs and prayers, some of them several thousand years old, which are still prayed today in the Church community - in the so-called Liturgy of the Hours. The Psalms are among the most beautiful texts in the world literature and move even modern readers immediately by their spiritual power.



THE HOLY FATHER'S PRAYER INTENTIONS FOR OCTOBER 2013

* **People in Despair.** *That those feeling so crushed by life that they wish to end it may sense the nearness of God's love.*

* **World Mission Day.** *That the celebration of World Mission Day may help all Christians realize that we are not only receivers but proclaimers of God's word.*



Turn Clocks Back



TIME CHANGE

Next Sunday, November 3, clocks are to be set back one hour at 2:00 a.m. local daylight time, which becomes 1:00 a.m. local standard time.

REMEMBER ! ! ! ! FALL BACK



Thank you very much for your generous

support of World Mission Sunday last week. Your prayers and donations will make a huge contribution to the growth of our Church and to the well-being of the poorest. Please pray for all those working in the overseas mission of the Church that they may remain courageous in bearing witness to Christ's message and his love for everyone, especially the most vulnerable.

PLEASE NOTE: *In the interest of keeping our sick list current, names will remain on the sick list in the bulletin for a period of one month. After a month, the name will be removed, unless it is requested that the name be kept on the list. Pls. inform the Bulletin Editor by e-mail (jhnaracena@gmail.com) to add, remove or keep a name on the sick list.*



Are you an adult thinking more deeply about God? About faith? About things that last?

Are you an adult thinking about joining the Catholic Church?

Are you an adult who

considers yourself Catholic but has never been baptized? Or been confirmed? Or celebrated First Communion? If so, call Sister Celia at 514- 387 5292 for more information or to find out about the RCIA process.



What every Catholic should know
ABOUT
EVANGELIZATION
BIBLE
DISCOVERY

CALLING ADULTS WHO WOULD LIKE TO KNOW MORE ABOUT THE FAITH !!!

Every Sunday @ 9:30 a.m., @ the Church Hall.
 The Evangelization and Bible Discovery Seminars are held in our Mission community.
EVERYONE IS WELCOME !

THE MASS OF COMMEMORATION OF ALL THE FAITHFUL DEPARTED WILL BE HELD ON SATURDAY, NOVEMBER 2, 2013 AT 7:30 P.M. ALL SOULS' DAY MASS ENVELOPES where you



can write the names of ALL your beloved dead to be included in the 'Responso' blessing during the Mass are now available at the FCMM OFFICE. Please be reminded that there is a \$20.00 minimum donation per envelope. THANK YOU.
NOTE : ROSARY FOR THE FAITHFUL DEPARTED at 7:00 p.m.

The one who serves God willingly is heard; his petition reaches heaven." Sirach 35:16



Throughout sacred scripture we are reminded that it is not enough to just love the Lord. We also must serve Him. Yet, scripture also promises that those who serve the Lord will be rewarded. God will hear the prayer of the good steward.

Your Offerings ending October \$ 1,735. 00



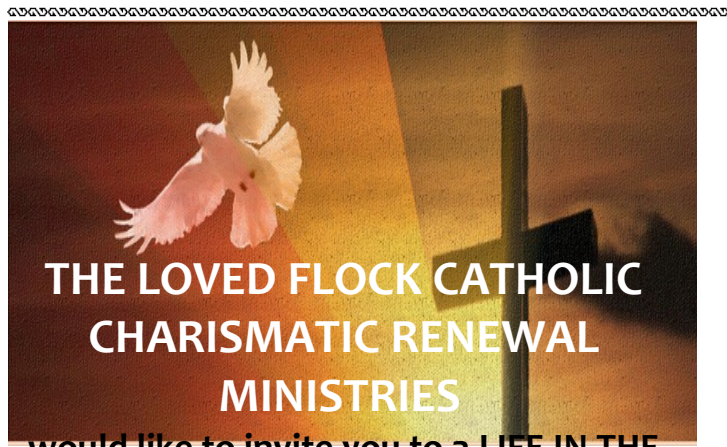
for the week 20, 2013 totaled

Thank God



you for your continuing generosity ! bless you

always!!!



THE LOVED FLOCK CATHOLIC CHARISMATIC RENEWAL MINISTRIES

would like to invite you to a LIFE IN THE SPIRIT SEMINAR. It will be held in the Church Hall of the Filipino Catholic Mission of Montreal on SATURDAY- November 9 (9:00 a.m.- 5:00 p.m. and SUNDAY - November 10 (9:00- 11:00 a.m.). FREE ADMISSION - Food and drinks will be provided. The speaker is Bro. Rogelio 'Jing' Mendoza, Head Counsellor of the Loved Flock Ministries in Manila. He will be joined by a team from the Loved flock Toronto Chapter . Come and join us to learn about and to be empowered by the Holy Spirit.

Contact information:
 Malou Foz - 514 777-58298 or
 Precy Pavico - 514 738 1094 or
 THE FCMM OFFICE - 514 387-5292.



“ but you will receive power when the Holy spirit comes upon you...” Acts 1: 8

**IN ALL THINGS
GIVE THANKS**

- We join in the **Thanksgiving Intentions of:**
MR. & MRS. ANTONIO and CELIA SAIN, NATHANIEL BRONSTEIN, JACOB ROY TOLENTINO, RODEL, VANESSA & GILLIAN SIGUE, BRENDA CASTILLO.

**OUR
prayer
concerns**



- Please join in lifting up to the Lord the special intentions of: THE FAMILY LIFE MINISTRY, TIFANNY JADE REYES.

- Your prayers are also humbly requested for all the sick and suffering members of our Mission community and their loved ones especially: FR. FRANCISCO ALVAREZ pme, FR. ROGER BEGIN pme, FR. GERARD LOISELLE, pme, SR. LUZ PADERANGA op, ALFREDO PADERANGA SR., FE PADERANGA, ANNIE MOJADO, ELECITA ARACENA, BALDOMERA AMBAYEC, JULIA PERLASTAN, JOSEFINA BANGALAN, DAWN DELA PAZ, JOSIE LIMLENGCO, CARMENCITA TRIVINIO, BERNARDINO FERNANDO, ANTONIO FOZ. May God bring them healing and peace.

- Remember also all of our deceased relatives and friends, especially: RODEO OLAES, JOSELITO MARCELO, AURELIO RODRIGUEZ, KENNETH JUE, JULIAN GALAN SR., TIMOTEO VISARIO, ELENA VISARIO, VICENTE HALLADO, ERLINDA BACOSA, LUCY SIGUE, DIOSCORO SIGUE, ALL SOULS IN PURGATORY and those dying everyday in battles and calamities around the world. May their souls and the souls of all the faithful departed rest in peace.

MASS INTENTIONS

The Sacrifice of the Mass contains within it all of the graces of God and all that man can do to worship Him. Stop by or call the FCMM office (514 – 387 5292) during normal business hours and ask how you can have a Mass offered for your intention.



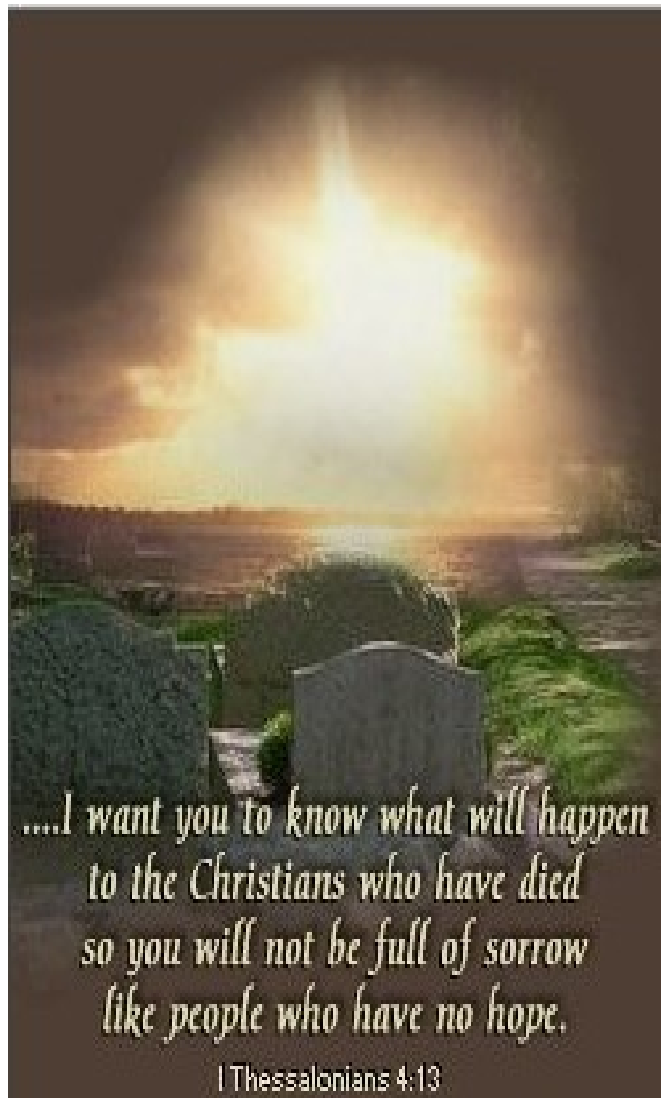
THOUGHT FOR THE DAY
Unexpressed gratitude is like winking at someone in the dark. You know how you feel about them, but they don't!

A REFLECTION ON THE FEAST OF ALL SAINTS/ ALL SOULS



We must rise again with Christ, we must seek the world which is above and set our mind on the things of heaven. Let us long for those who are longing for us, hasten to those who are waiting for us, and ask those who look for our coming to intercede to us.

We should not only want to be with the saints, We should also hope to possess their happiness.



....I want you to know what will happen to the Christians who have died so you will not be full of sorrow like people who have no hope.

1 Thessalonians 4:13