

FEBRUARY 06, 2011

5TH Sunday in Ordinary Time

On this 5th Sunday in Ordinary Time, Jesus challenges us to be "the light of the world." If we want to be real disciples of Christ, "the Light of the world," our consciences have to be clear and transparent; our behavior must have the refulgence of love, honesty, purity, respect, sincerity, . . . Our life then will become bright and meaningful as we become ever-more Christ-like.



Becoming Ourselves

In the Gospels of the last four Sundays we have been following the story of Jesus' early career. First he went to be baptized. Then he moved to Capernaum from Galilee when John the Baptist was killed, and he chose his apostles (who somehow knew him as the one to follow). Last Sunday we heard part of his "inaugural address," the beatitudes.

This Sunday Jesus begins to instruct the disciples about how to be his followers.

In the [Gospel](#) he says, in effect, be what you are. If you are salt then don't lose your flavor of salt. If you are a lamp then don't put a basket over yourself so no one can see your light. Give light. Give savor.

Consoling advice. Be yourself.

But what does it mean, to "be yourself"? The [First Reading](#) says to share your bread with the hungry. Shelter the oppressed and the homeless. Clothe the naked. Do not turn away from you own. Rather than being a self-centered "yourself," you begin to let the small light that is you shine in the darkness. This is how Jesus enlightened the world. He even went to death for it. Couldn't this be the real meaning of "becoming yourself"? Ouch. It is a huge assignment, and maybe one I do not want. Why not go instead with the contemporary definition of "being me"? "I do whatever I feel like doing." "I take care of number one." "If it feels good, I do it." And so on. Be like the song that Sinatra and Paul Anka wrote a while back:

*I planned each charted course, ach careful step, along the byway,
and more, much more than this, did it my way.*

Rather than planning or being careful, or having a real course of life, "I" have succeeded in life because I did everything however I wanted to. "I" don't want to live according to someone else's design. "Me." It is *my* life.

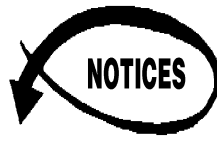
Why is this so attractive? For one thing, mass production and mass advertising and mass purchasing have made us cogs in a giant, international, industrial wheel, not worth anything of ourselves but contributing to the market as long as we do and buy what we are supposed to. They even try to make us feel free about it. So, "to do it my way" is a statement about facing down the great machine and defying it outright. Unfortunately, by facing it down, we are following another dictate of advertising. "I'm worth it."

\The scriptures envision freedom in a very different way. They suppose that every human being is created with an unrepeatabe, deep, interior shape. Rather than fighting to do my own will—no matter what—freedom is allowing the Spirit of God to find a home deep within the space that is me, the Spirit of loving, of respect, of forgiveness. This is the Spirit of God.

You and I are built to be at one it. Becoming myself means becoming what I was built to be: a home for the Spirit of Jesus and of God. This love becomes us, in both senses: it is "attractive" (like a becoming dress), and it turns into us. It shows us ourselves really deep down: receivers and givers of food, of help to the homeless, of forgiveness and love for all members of society. Nothing else is more truly your own free self.

Fr. John Foley, S. J. of the Center for Liturgy





CELL PHONE ALERT - In order to maintain a prayerful atmosphere, please make sure that all cell phones, pagers, etc. are turned off during Mass. Please remember the sanctity of the Holy Mass when you enter the Church. Thank you!

SILENCE - The 20 minutes preceding the Sunday service, from 11: 10 a.m. onward, is used to recite the Holy Rosary and by many, to quietly prepare their hearts and minds for worship. Therefore, we ask that every effort is made to enter the church quietly and maintain silence while waiting for the service to begin. We will begin to try to enforce this rule on SILENCE. Please don't get offended if your attention is called. Thank you !

CLEANLINESS – Please help us maintain the cleanliness of the Church. Avoid stepping on the kneelers and make sure you leave your pews tidy. Thank you.

Mass Intentions

MASS INTENTIONS - All Sunday Mass Intentions must be registered with the Ministry of Offerings at least **30 minutes before the Mass**. You may register your Mass intentions ahead of time at the FCMM Office. PLEASE COOPERATE ! Thank you !

Have you thought about how to tell other people about your belief in Jesus and what it means to you?

*Do you enjoy reading aloud? Are you interested in public speaking?
Not sure you'd be a good Lector? Or that you know enough about Scripture?
Or how to speak in front of an audience?*



If you answered "Yes!" to any of these questions you may be a candidate for the Lectors' and Commentators' Ministry at the FCMM. We need children, youth, and adult men and women as lectors for the weekday and weekend liturgies.

We provide a Lector Training Program for all those interested in joining this ministry. You'll learn how to become an effective public speaker as well as how to

improve your understanding of the Scriptures.

To register for the next Training Program for New Lectors' Session at the FCMM, please contact Mr. Pedro Diaz, Jr. THANKS !

ST. MARTHA'S CLUB NEEDS SOME MORE HANDS !!! -We are currently in need of a few good souls who would love to serve as behind-the-scenes men and women of the St. Martha's Club. Our Church essentially needs dedicated hands who would do the important little details to make our celebrations smooth, meaningful and beautiful.



**Calling men, women, youth, adults (couples are also welcome)...
BECOME A CLUB MEMBER !**

There will be a formal training session to be announced soon. Meanwhile, think about it and if you have decided please give your name, address and phone number to Mrs. Lorie Palisoc .
THANKS !

NEW ALTAR SERVERS NEEDED !!! THINK ABOUT IT ! - This ministry is open to all



parishioners who have received their First Eucharist. The easiest part of being an altar server is learning the skills needed. These include carrying a large cross, walking gracefully in procession, sitting and standing still in front of large crowds, pouring liquids from various vessels, holding a large book, lighting tall candles and extinguishing them, and other tasks involved in the Catholic liturgy. If you are interested, using a slip of paper, write your name address, and phone number on a piece of paper and give it to *Rocky Unabia* or *Ohda Foz* after our Sunday liturgies. The next Altar Servers information/training meeting will be in March.
THANKS !

As we gather, may YOUR SPIRIT work within us...



COMMUNITY FAITH SHARING SESSION

February 11, 2011 Friday - 8:00 PM
FCMM Church Hall

"We are all one body, we have the same Spirit and we have all been called to the same glorious future." Ephesians 4:4



KNOW ST. FRANCIS OF ASSISI !

All are welcome to join us for a film-showing of
"BROTHER SUN, SISTER MOON"
- a movie on the life of St. Francis of Assisi.
FRIDAY - February 25, 2011, 7:30 p.m.
FCMM Church Basement

❖ **STEWARDSHIP** - "Thus says the Lord: Share your bread with the hungry, shelter the oppressed and the homeless;" - Isaiah 58:7

No matter how busy we are or how tight our budget might be, we are all called to have compassion for those who are less fortunate than us. We hear these instructions in both the Old and New Testament. In fact, Jesus tells us that we will be judged by how well we reach out to those who were hungry, thirsty, homeless, sick, grieving or in need of our compassion in any way.



OFFERING

Your Offerings for the week ending January 30, 2011 totaled
\$ 1,570.50

Thank you for your continuing generosity !
God bless you always!!!



The **SANCTUARY LAMP** this week is burning for the
GLORY OF GOD and **AS THANKSGIVING** offered by
TONY and NORMA FOZ.



- ❖ To the *new arrivals* from the Philippines;
- ❖ To the *visitors* from other places;
- ❖ To those who have *been away and are back*;



We join in the Thanksgiving Intentions of:

THE AMBAYEC FAMILY, MERCY PADUA, LANDO & MATET, MARK and MATTHEW RUBIO, MR. & MRS. JHUN PAVICO, MR. & MRS. FELIMON TADEO and FAMILY, JEFFREY MANGUBAT, MEL & ELSA VILLANUEVA, KEANA JADE LEVY -FOZ, VANESSA MANGUBAT-SIGUE.



- ❖ all the *sick and suffering members* of our

Mission community and their loved ones, especially:
FR. ROGER BEGIN pme, SR. ELIZABETH RELACION mic, ELECITA ARACENA, JESS ALCAIDE, JULIA PERLAS-TAN, ALFREDO PADERANGA SR., FE PADERANGA, JOSEFINA BANGALAN, JOSIE LIMLENGCO, DAWN DELA PAZ, CARMENCITA TRIVINIO, NORA ESPIRITU, ANNIE MOJADO, GREGORIO DEL MONTE, EDMOND GABA, MABEL TUIDA.
May God bring them healing and peace.

- ❖ all of our *deceased relatives and friends*, especially:
AUREA SALAZAR, DOLORES ACURANTES, CLIFFORD VELASCO, SERGIO GOPEZ, MARIA PAZ ZARASPE, ELPEDIO BAUTISTA, ALL DEPARTED RELATIVES OF MARCY & JEFFREY BAUTISTA, EPIFANIA & DARIO DUHAYLUNGSOD, and those dying everyday in Afghanistan, the Middle East and in battles around the world.

May their souls and the souls of all the faithful departed rest in peace.

MASS INTENTIONS

The Sacrifice of the Mass contains within it all of the graces of God and all that man can do to worship Him. Stop by or call the FCMM office (514 - 387 - 5292) during normal business hours and have a Mass offered for your intention.