



24 October  
2010  
30<sup>th</sup> Sunday in  
Ordinary Time  
Year C

*Today, we are all invited to reflect on the beauty of the virtue of humility and the ugliness of pride. The Holy Scriptures are full of statements and examples that show how much God loves the humble, and how sternly He deals with the arrogant and the proud. What is really our attitude before God? Do we think God should be grateful to us for all the things we have done for him? Do we look down on others who fail, who are weak and turn wrong? Are we aware that they also do good things? He sees what is good in them and he loves them for it. We pray today that Jesus may give us an attitude of honesty with ourselves, with God and with people.*

*As we observe "World Mission Sunday," we are invited to remember with much admiration and love our brothers and sisters in Christ who have left their homelands to be the heralds of the Gospel of Christ and witness to his love in the foreign missions. They should be our heroes. We should show our solidarity toward them, not only with our donations, but also with our prayer for all their needs and intentions.*



Today, every Catholic community and parish throughout the world takes part in World Mission Sunday in a global effort to bring spiritual and material help to **our brothers and sisters who are thirsting for the hope and love that comes through knowing Jesus**. Your kindness will help all missionaries across the world and the new Churches to grow strong and vibrant! Please contribute generously to the second collection today; the money will go **directly** to those most in need.

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## Upcoming Events



- **THE SEARCH for the 2010 FCMM KING and QUEEN OF ANGELS**

Our major fund-raising project for the year is nearing its close. The Last Canvassing will be held on **SATURDAY, OCTOBER 30**. Please don't hesitate to support any of the candidates as you are supporting our Filipino Church in Montreal. Your \$2.00 /ballot donation will go a long way.

You may now begin remitting your donations to the candidates' Parents/ Business Managers. And remember that **Tax – deductible receipts** will be issued at the end of the year to those who will contribute **\$20.00 or more**.



- **FCMM PRE- HALLOWEEN PARTY** to coincide with the FINAL CANVASSING of the 2010 FCMM King and Queen of Angels Search on Saturday, October 30, 6pm. Come in your Halloween Attire and win a prize. Entrance \$ 5.00.

- **THE MASS OF COMMEMORATION OF ALL THE FAITHFUL DEPARTED** WILL BE HELD ON **TUESDAY, NOVEMBER 2, 2010 AT 7:30 P.M.** ALL SOULS' DAY MASS ENVELOPES where you can write the names of **ALL** your beloved dead to be included in the '**Responso**' blessing during the Mass are now available at the FCMM OFFICE. Please be reminded that there is a \$20.00 minimum donation per envelope. THANK YOU.





Through the kindness of the sponsors that appear at the back page of this sheet, this bulletin is furnished to the FCMM Community without charge! We feel the sponsors get good coverage with their ads, and at a relatively low cost — and we urge you to patronize them. Once again, the time has come to renew your support for the bulletin. The Printers have done a fine job in publishing our weekly bulletin and we hope our present sponsors renew their ads. Also, if others are interested, please call Mrs. Fe Elamparo (514- 738 1683) or the FCMM Office (514- 387 - 5292)

## **THE LORD HEARS THE PRAYER OF THE HUMBLE**



Prayer is essentially opening oneself to God in love, adoration, praise, gratitude, humble petition for help and forgiveness. . . . When we pray, we gladly acknowledge that all the good things in life come from the Lord, and that everything and everybody are in His hands. Prayer, then, can come only from a humble and honest heart. This is why proud people are unable to pray. They can recite prayers, of course, use beautiful formulas and even attend Mass. But the words they utter are empty sounds, for they do not come from humble hearts. Their pride blinds them to the greatness of God's creation and love, as well as to the value and merits of

their fellowmen. But especially it blinds them to their own defects and failures. All their attitude is characterized by an all-pervading feeling of self-sufficiency and self-righteousness. This leads them to despise others, and even to condemn and reject them. (*See the prayer uttered by the Pharisee in today's Gospel passage.*) With such a disposition of heart toward their neighbor, what value can the prayer of the proud have? Oftentimes, it sounds like an insult to God's love and holiness. Quite different from this is the prayer of the humble. Aware and fully convinced of their dependence on God and of their many failings, humble persons readily acknowledge the Lord's greatness, his generosity, justice and mercy. Prayer comes spontaneous to them, in whatever circumstance of life: in success and in defeat; in good as in poor health; in poverty as well as in abundance . . . . Prayer is for the humble what breathing is for the lungs. It is a need they satisfy with joy. To be humble does not mean to be sinless. With the exception of Jesus and Mary, no human being is totally free from the stain and sting of sin. Humble persons are aware of their own moral failures, in spite of all their good will to avoid sin. They feel the need to be forgiven, but do not take God's forgiveness for granted. They know that they do not deserve it. And when they ask God's forgiveness and experience it, they know and acknowledge that it is a "grace" – a pure gift of divine mercy.

Such an experience of indebtedness to God disposes the heart of the humble persons to be understanding and forgiving toward their neighbor. While doing their very best to avoid sin and practice Christian virtues, they will not condemn others harshly when they fail, for they know how weak humans are. Rather, with brotherly concern, the humble will include their sinful brethren in their prayers and never deprive them of their love.

This is why the forgiving Lord will always be pleased with the prayers of these humble souls. God is constantly in love with the humble. Their words are sweet music to His ears. Their petitions will be granted because they come from hearts that endeavor to mold themselves according to the heart of Jesus, the most humble of all worshippers, and the most pious of all the humble.

WORD and LIFE PUBLICATIONS



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**STEWARDSHIP** - *"for whoever exalts himself will be humbled, and the one who humbles himself will be exalted."* - Luke 18:14

Do we exalt ourselves? We do if we think that we get credit for any of the good things in our lives. As stewards it is important that we remember that every good thing on this earth is a gift from God. We should be humbled by God's abundant generosity. Our hearts should be filled with gratitude.



Your Offerings for the week ending October 10, 2010 totaled  
\$ 2,067.50

Your Offerings for the week ending October 17, 2010 totaled  
\$ 1, 907.00

Thank you for your continuing generosity !  
God bless you always!!!



The SANCTUARY LAMP this week is burning for the **GLORY OF GOD** and **AS THANKSGIVING FOR THE GIFT OF LIFE** offered by *Manny and Lina Lagasca* .



- ❖ To the *new arrivals* from the Philippines;
- ❖ To the *visitors* from other places;
- ❖ To those who have *been away and are back*;



We join in the *Thanksgiving Intentions* of:

SERASPE & SARMIENTO FABRE, PATRIA OCAMPO, WILLIE QUIRAPAS, RACHEL WONG, RONALYN RAMOS, MARVIN MENTES, MR. & MRS. JESS ALCAIDE, TESSIE CORPUZ,

NATHANIEL BRONSTEIN, MR. & MRS. PEPING TOLENTINO and FAMILY, CRIS & MOD ESTOQUE, NILO & EDITH VALENZUELA and FAMILY, VIC & ANGIE SAGUYAN, MR. & MRS. HENRY UMALI, ROSE RODRIGUEZ, LYN RIVERA-MALACAS and FAMILY, THE CATECHETICAL MINISTRY, THE BELTRAN-AFAN FAMILY.



- ❖ Please join in lifting up to the Lord the *special intentions* of: MR. & MRS. TONY & NORMA FOZ, THE GUILLERMO FAMILY, MARIANO & MARIA GUILLERMO, OUIDIN ANGEL KARDOS. May the Lord grant them their heart's desires.

❖ Your prayers are humbly requested for all *the sick and suffering members* of our Mission community and their loved ones especially: FR. ROGER BEGIN pme, SR. ELIZABETH RELACION mic, ELECITA ARACENA, JESS ALCAIDE, JULIA PERLAS-TAN, ALFREDO PADERANGA SR., FE PADERANGA, JOSEFINA BANGALAN, JOSIE LIMLENGCO, DAWN DELA PAZ, CARMENCITA TRIVINIO, GIGI SALARDA, ANTONINA VIRTUCIO, ARACELI AQUINO, ROMEO AQUINO, WINSTON JAN DOMINGO, JULIE PARADO, PAULINA GABA, DOLORES OLARTE-PURAY. May God bring them healing and peace.

❖ Remember also all of our *deceased relatives and friends*, especially: JOSE UNABIA, CARMEN UNABIA DAGUTAN, CARLOS MATERNAL, MARY JANE VISARIO, MARY GRACE VISARIO, ANNE CHRISTINE FERNANDO, SOLOMON MENDOZA, EPIFANIA DUHAYLUNGSOD, AURELIO RODRIGUEZ, SIMFROSO CAPARAS SR., SIMFROSO CAPARAS JR., ROBERTO GARCIA CAPARAS, and those dying everyday in battles and calamities around the world. May their souls and the souls of all the faithful departed rest in peace.

### MASS INTENTIONS

Stop by or call the FCMM Office (514 387 - 5292) during normal business hours and have a Mass offered for your intention.



'Lord Jesus Christ,  
Son of the living God,  
have mercy on me, a sinner'.