



Fifth  
Sunday of Lent

Last Sunday we reached the mid-point in our Lenten preparation. We celebrated "Laetare" Sunday last week and considered this "time of rejoicing" even as we continue our Lenten regimen of penance, sacrifice and generosity. Now, as we continue our Lenten journey, it is good to consider where we find ourselves on the road toward Jesus. So many of us really began this journey with high hopes and expectations, only to disappoint ourselves with our inability to remain faithful to the promises we made to ourselves and to the Lord.

Many of us have almost "given up" as we look to the empty rice bowl that has ended up on the corner of the fire place mantle; or we consider with just a little shame how we have been unable to refrain from the dessert we gave up, or the cigarettes we promised not to smoke; many of us have rarely made it to the morning or evening mass or novena that we really planned to attend each week this Lenten season. We have two choices as we move toward these last weeks of Lent. We can "give up" or we can "begin anew!" All that is necessary to "begin anew" is the desire in our own hearts to do something for God as we continue to journey in Lent. We need to take just a few minutes and honestly assess where we are in our relationship with Jesus---examine our conscience and identify those obstacles that prevent us---that get in the way---of our desire to follow Jesus. We need to ask if our own stubbornness or impatience or harsh attitude is keeping us away from God or God's people. We need to look for that old hurt or anger that is still "festering" in our heart. It is hard to be open to God's forgiving love when we won't make room in our hearts to forgive others.

We need to use these few remaining weeks of Lent as opportunities to meet Jesus Christ. We only need to re-commit to our Lenten promises to find our path so we can continue to journey with the Lord.

Today we need to be honest with ourselves and only then can we become honest with the Lord. We need to be unafraid to speak to the Lord: "Help me to get back on the path of my Lenten preparation." We just need to open our hearts to the transforming love and grace that God lavishes upon us---if only we let Him. Today we can renew our Lenten promises---what did I promise to do for God each day---what did I promise to deny myself each day---how do I plan to be generous---how am I going to pray and worship? Don't be afraid to give Lent a "new start." Remember, God is waiting for you to ask Him to walk with you just a little further.



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**EASTER FLOWERS** - What a beautiful way of remembering a loved one by donating the Easter Flowers that will adorn the sanctuary of the FCMM throughout the Easter Season ! **SPONSOR** a plant in memory of a deceased loved one or in honor of the living. Visit the FCMM Office for details. Deadline is on **FRIDAY, APRIL 15<sup>TH</sup>** .

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**ANOINTING OF THE SICK** -A communal Sacrament of Anointing is celebrated at The FCMM at a special Eucharistic liturgy each LENT bringing the whole parish community together to pray with and for those among us whose health is impaired. Anyone struggling with illness of mind, body or spirit is invited to be anointed. The Special Mass will be held on **Friday, April 15<sup>th</sup> at 7:00 p.m.**

*\*This sacrament is **not** only for those who are at the point of death. The sacrament may be repeated as needed. No proxy-healing is allowed. For assistance and more info., call the FCMM Office (514- 387- 5292)*

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**PABASA NG SAMBAYANAN** – Starting today **Sunday, April 10,** (from 3-10 pm ) until **Thursday, April 14,** (nightly, from 6:00 – 10 p.m.), at the **CHURCH BASEMENT.** This is a beautiful Filipino Lenten tradition of chanting in Pilipino verses our Salvation History. Join us! Try and experience it ! Everybody is welcome !



## Alay Kapwa

**LENTEN ACTION PROJECT 2011** – for the less fortunate and the needy. Please donate non-perishable food items, personal hygiene supplies and school supplies which will be sent to the natives in BUKIDNON, PHILIPPINES and to the MANGYAN

TRIBES in Mindoro. You can deposit your donations in the boxes at the church entrances.



## MASS of CHRISM - (Mary Queen of the World Cathedral)

On Wednesday, April 20<sup>th</sup>, 7:00 p.m., Cardinal Jean Claude Turcotte will celebrate the **MASS OF CHRISM** with the Bishops and priests of the Archdiocese of Montreal. At this Mass, the Holy Oils, used in the administration of the sacraments will be blessed and consecrated. Priests renew their dedication to Christ and their commitment to serve God's people.

## GOOD FRIDAY COLLECTION FOR THE HOLY PLACES



Your help is needed now, as in the days of Saint Francis, to protect the Holy Places of the Holy Land. Even more important, your help is needed to protect the Holy Name of Our Lord in this troubled land which He chose for His birth, sacrificial death and victorious resurrection.

*Please be generous in preparing your Offering.*

*A special collection will take place during the 3: 00 pm Celebration of the Lord's Passion on April 22<sup>nd</sup> , Good Friday.*



## HELP PREPARE THE CHURCH FOR EASTER !!!

Join with us in a special labor of love! Many volunteers are needed on **Holy Saturday morning, April 23<sup>rd</sup>** at **9:00 a.m.** to transform the Church for the most glorious solemnity of Easter. More hands makes lighter work!!!



**EASTER POT- LUCK** - JOIN US for a pot-luck fellowship celebrating Easter which will be held in the Church Hall immediately following the Mass of the Lord's Resurrection on Sunday, April 24<sup>th</sup> at 11: 30 a.m. Bring drinks and your favorite dessert to share. For details, contact Mrs. Alice

Panado of the Family Life Ministry.



The SANCTUARY LAMP this week is burning for the **GLORY OF GOD** and **FOR PERSONAL INTENTIONS** offered by **TONY and NORMA FOZ.**



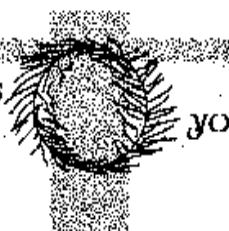
Our regular Hospitality Corner will be back on the Easter Sunday issue, March 23. Thanks !

In seven days, we are about to enter into Holy Week and the great mystery of Christ's passion, death and resurrection.

Come! Join with us here at the FCMM next week as we celebrate Passion Sunday and the Easter Triduum ...

Remember to bring someone with you !

By YOUR CROSS  
O LORD



you have saved the world

Accompanying Christ during his last days on earth.

A week of FAITH, HOPE, and LOVE

for the FOLLOWERS of JESUS CHRIST.

HOLY WEEK is like no other week in the Church's liturgical calendar.

It is a week of intense emotion.



**PALM SUNDAY OF THE LORD'S PASSION, APRIL 17<sup>TH</sup>**

~ 11:30 a.m. ~ **Blessing of Palms and Mass**

We stand in the church today with our palm branches and listen to the Gospel account of the Lord's triumphal entry into Jerusalem. We join with the original throng and countless people over the centuries to praise Christ, the Son of David, a King, our King, the one we choose to follow. But we look beneath the event to discover what is truly happening.



**HOLY MONDAY, and HOLY TUESDAY, APRIL 18<sup>TH</sup> & 19<sup>TH</sup>**

~ 7:00 p.m. ~ **Mass and Lenten Reflections**

On this two nights, guest preachers will share with us the faithfulness of God.



**HOLY WEDNESDAY, APRIL 20<sup>TH</sup> ~ 7:00 p.m. ~ MASS OF CHRISM (Mary Queen of the World Cathedral)**

Cardinal Jean Claude Turcotte, with the Bishops and priests of the Archdiocese of Montreal celebrate the Chrism Mass. At this Mass, the Holy Oils, used in the administration of the sacraments will be blessed and consecrated. Priests renew their dedication to Christ and their commitment to serve God's people.



*Triduum* means "three days." The days from Holy Thursday until Easter Sunday are unique so we call them "the three days" and everyone should know what they mean. Throughout his ministry, Jesus predicted his passion by referring to the "third day."

Next week, we enter that sacred time, outside of time, in which we spend these three days with Christ: to serve, to suffer, to die, and to rise.



**HOLY THURSDAY, APRIL 21<sup>ST</sup>**

~ 8:00 p.m. ~ **MASS OF THE LORD'S SUPPER**

This evening's celebration opens the *Triduum* with the **EVENING MASS OF THE LORD'S SUPPER**. It commemorates the institution of the Eucharist and the priesthood, as well as Jesus' command of love and service. A foot - washing ceremony forms part of tonight's celebration emulating the example Christ set for us.



Following Holy Communion, the Blessed Sacrament is carried in a solemn procession to the Altar of Repose. You are invited to spend some time this holy night in prayer and reflection. Adoration will end at 12 midnight.



**GOOD FRIDAY, APRIL 22<sup>ND</sup>**

~ 11:00 a.m. ~ **Reflections on the Seven last Words**

~ 1:00 p.m. ~ **Estacion Heneral (The Stations of the Cross)**

~ 3:00 p.m. ~ **SOLEMN CELEBRATION OF THE LORD'S PASSION**

The simple, perhaps austere liturgy is filled with joy and hope. Blood red vestments of martyrdom honour the victory, which gives all martyrdom and death its meaning. Good Friday is not a day to wash the car, rake up the leaves, to do the things you have been putting off. **It is a day of prayer, fasting, and reflecting.** Serious Christians will keep the day "holy". It is holy because it is "good". Jesus has died for you.

*How can you die for him?*



**HOLY SATURDAY, APRIL 23<sup>RD</sup> ~ 8:00 p.m. ~ EASTER VIGIL MASS**

The **EASTER VIGIL** is the *most important Eucharist of the year.* Saint Augustine called it the "**Mother of All Vigils**". It celebrates our faith in the resurrection, the cornerstone of our belief. Ranking highest among the celebrations of the liturgical year, it should rank highest in the spiritual life of the faithful. *You should not miss it !!!*



**Easter Sunday**

**APRIL 24<sup>TH</sup>**

~ 11:30 a.m. ~ **MASS OF THE LORD'S RESURRECTION**

With Christ's death and resurrection, Christ has conquered sin and death, the gates of heaven are now open to man. This is the Feast of Feasts, the Solemnity of Solemnities, the highest Feast of the Church, the holiest day of the year. This day concludes the celebration of the Triduum and begins the great fifty days. After forty days of fasting, the Church now celebrates fifty days of feasting.