



Caregivers are very much in demand nowadays, especially for babies, elderly people, and handicapped persons. But all of us, and not just these people, are in need of “comprehensive care.” We need not just food, clothing and shelter, but especially acceptance, respect, affirmation, encouragement, and love. The one who is always ready and willing to satisfy all these needs is Jesus Christ, our greatest “Caregiver,” Redeemer, and “Bread of Life.”

Our Sunday Eucharist is a privileged manifestation of Jesus’ immense love for us, as he makes himself our spiritual nourishment. He is the source of our wisdom and strength. The Eucharist is also an opportunity for us to express our gratitude to him and to the Father for this most precious gift.

Ordinary Time: Not really so ordinary at all!

We are in the midst of the season of the Liturgical Year that is known as Ordinary Time. Each Sunday continues to celebrate our Lord’s Resurrection, but in its special application to our earthly lives. The time after the Baptism of the Lord till Lent covers the beginning of Christ’s preaching, His Baptism, and His first manifestation at the Marriage Feast of Cana. The time we are now in, from Pentecost till Advent, covers Christ’s public ministry of healing and preaching. Each Sunday of Ordinary Time is a little Easter, on which we celebrate the victory of Jesus through His life, death and Resurrection.

But we don’t just recall those events as being in the past. We celebrate the mystery of the Resurrection, and our being gathered together by Jesus, alive and present among us, as we listen to His Word, and celebrate His Eucharist. Thus every Sunday of Ordinary Time should increase our desire for Jesus’ final coming in glory, and our hope of being among His elect in the eternal banquet of heaven.

And so, the word “ordinary” should not mean “commonplace, average, not exceptional” for us Catholics when we refer to or live in Ordinary Time. We should realize that Ordinary Time calls us to grow in our faith, Sunday by Sunday, and to follow Christ, step by step, week by week. We are aided in this through the Liturgy, and by the gifts of the Spirit that are poured out on us each day, as well as each Sunday.

In our Second Reading today, we are given some reminders of things to avoid, and of some other things we should make efforts to practice. “Addressing one another in psalms and hymns and spiritual songs” is one thing that we might want to try putting more of our “spirit” into here at the FCMM. With a little more spirit we would be following the advice of the letter to the Ephesians by: “giving thanks always and for everything in the name of our Lord Jesus Christ to God the Father” and that we are truly “filled with the Spirit!” For it is the Spirit Who helps us live our lives fully, to bear our crosses, and to keep growing and deepening the life of Christ within



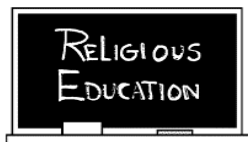
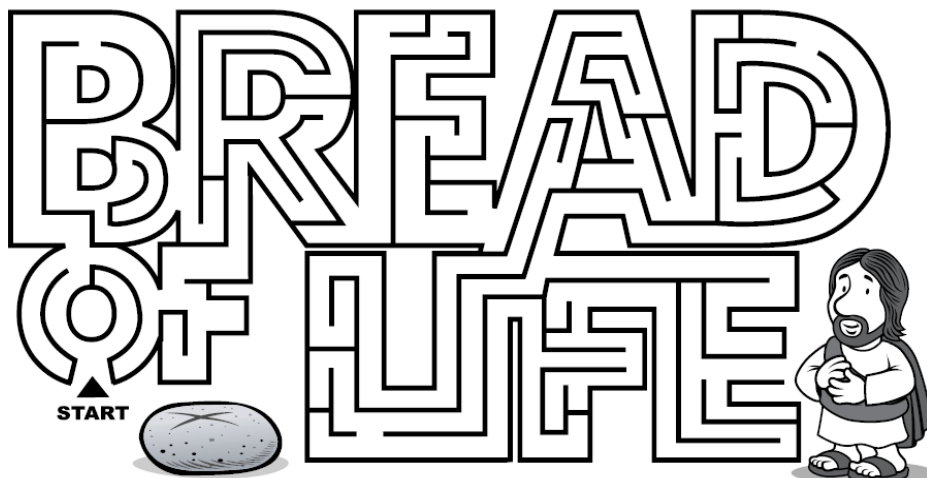
us. It is the Spirit Who enables us to pray in the words of our Opening Prayer for this Twentieth Sunday in ORDINARY TIME: **“WE PRAY, WITH THE WARMTH OF YOUR LOVE, SO THAT, LOVING YOU IN ALL THINGS AND ABOVE ALL THINGS, WE MAY ATTAIN YOUR PROMISES, WHICH SURPASS EVERY HUMAN DESIRE.”** Surely there’s nothing ordinary in that prayer! May God grant to all of us those promises through Christ our Lord!

FOR A REALLY NEAT OPTICAL ILLUSION

Concentrate on the set of four dots near the center of this image for between 30 seconds to one minute. Then turn your eyes to a blank wall and blink rapidly.



Can you make your way through the BREAD OF LIFE maze?



❖ FAITHFIRST 2012-2013 REGISTRATION DATE:
All Sundays of August before and after the mass at the Church Hall.

Parents who would like to enroll their children in the CLEC for the coming school year must signify their interest by registering their child(ren) with the Catechetical Ministry.

Please bring:

- PHOTOCOPY of BIRTH and BAPTISMAL CERTIFICATES/
- 2 ID SIZE PHOTOS/
- FEES (accdng. to each level)

- *Parents and children must be present during registration for an interview.
- *Old Students must bring their Certificate of Participation from the previous year.
- *Students from other parishes must bring a Letter of Certification.

For more information, please call the FCMM Office (514- 387-5292)



❖ THE 12TH FCMM PASTORAL DAY (Community Picnic) will be held on **SUNDAY, AUGUST 26, 2012**, at the **CHURCH Grounds** from 10:00 a.m. until 4:00 p.m. We will celebrate the Holy Mass @ 11: 30am followed by a whole day of fun and enjoyment ! Bring your favorite food to share. Tick off the date on your calendars and don't forget to take along your family and friends. **OPEN TO EVERYONE !!!**

HELP KEEP OUR HOSPITALITY CORNER CURRENT



From The Editor

After the Summer break, it is imperative to up-date the bulletin's hospitality corner. Please contact the FCMM Office or the Bulletin Editor if you would want to put a name on our prayer list.
(E-mail address JHNARACENA @GMAIL.COM)



~~~~~YOU ARE WHAT YOU EAT~~~~~
The effect of receiving the body and blood of Christ is to change us into what we receive.



- ❖ To the **new arrivals** from the Philippines;
- ❖ To the **visitors** from other places;
- ❖ To those who have **been away and are back**;



We join in the **Thanksgiving Intentions** of:
JUN, JUDITH & KATHLEEN DIAZ, OHDA FOZ & FAMILY, ELS & MEL VILLANUEVA, PAZ VALDEZ, RIOFLORIDO TAN, MR. & MRS. CHRIS ESTOQUE & FAMILY.



- ❖ Please join in lifting up to the Lord the **special intentions of LOPEZ & TOLENTINO FAMILY, REYNALDO ESTOQUE & VICKY DE LAS ALAS**, May the Lord grant them their heart's desires.
- ❖ Your prayers are humbly requested for all the

sick and suffering members of our Mission community and their loved ones especially: : **FR. ROGER BEGIN pme, SR. ELIZABETH RELACION mic, SR. LUZ PADERANGA op, ALFREDO PADERANGA SR., FE PADERANGA, JESS ALCAIDE, ELECITA ARACENA, ANNIE MOJADO, WILFREDO QUIRAPAS, BALDOMERA AMBAYEC, JULIA PERLAS-TAN, JOSEFINA BANGALAN, DAWN DELA PAZ, JOSIE LIMLENGCO, CARMENCITA TRIVINIO, WILFREDO DARIO, BERNARDINO FERNANDO, IKE OSDON, TERESITA JALEA, CIRIACO CALUMPIANO JR., LUCY SIGUE, .** May God bring them healing and peace.

❖ Remember also all of our **deceased relatives and friends**, especially **HONORATO AMORA, AURORA SALON LAYON, MARCELINO & ADELAIDA PALITIC, AIDA VILLANUEVA, STEVE SINGER, CHRISTOPHER GARCIA, JUAN MANINGAS, ZENAIDA ARAZA, MARIANO TADEO, FRANCISCO & LORETA CUARESMA, FELICITA RODRIGUEZ, FELICIANA MOCON MACAPAZ, SUSAN REYES, SERGIO REYES, MAGDALENA ALFECH MAXINO, PASTOR MAXINO, ALL SOULS IN PURGATORY** and those dying everyday in battles and calamities around the world. May their souls and the souls of all the faithful departed rest in peace.

MASS INTENTIONS

The Sacrifice of the Mass contains within it all of the graces of God and all that man can do to worship Him. Stop by or call the FCMM office (514 – 387 5292) during normal business hours and ask how you can have a Mass offered for your intention.



“Watch carefully then how you live, not as foolish persons but as wise...” (Ephesians 5:15)
A wise person recognizes that all we have comes from God. A wise person thanks God every day for all His many blessings. A wise person realizes that

God has blessed us for a reason and He wants us to be partners with Him in His work here on earth.



Your Offerings for the week ending August 12, 2012 totaled \$830.50

Thank you for your continuing generosity !
God bless you always!!!



The SANCTUARY LAMP this week is burning for the **GLORY OF GOD** and **IN REMEMBRANCE OF ALL DEPARTED RELATIVES AND FRIENDS** offered by **REY and LINDA BALLARES.**