

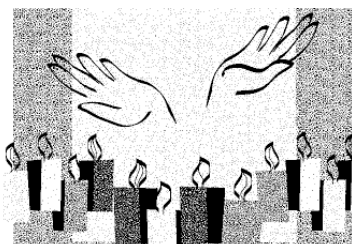
03 FEBRUARY 2013
4TH SUNDAY IN ORDINARY TIME



YEAR OF FAITH 2012
2013

On this Fourth Sunday in

Ordinary Time we are invited to reflect on the courage of Jesus in the fulfillment of his apostolic ministry, as he faces an audience turned unfriendly in his native town of Nazareth. Faithfulness to his mission, rather than quest for popularity and praises, is what characterized his stance not only in today's episode but throughout his life. This should also be our fundamental choice as we are constantly challenged by an environment and a culture that seeks the spectacular and exalts pleasure in all its forms.



Here we are... one month already gone in 2013! What did you resolve to change this year? Stewardship calls us to change the way we think about who we are, and what we possess. What changes in your life is God calling you to? Is it maybe to spend more time in prayer; are you feeling a need to share a more generous portion of your financial blessings; or maybe you sense a desire to respond to a particular call to use your gifts in the service of others.



THIS BULLETIN IS FURNISHED TO THE FCMM COMMUNITY WITHOUT CHARGE - The advertisements that appear at the back page completely defray all publishing costs with which our church would otherwise be burdened. We encourage you to patronize our continuing sponsors and those that are new this year as a 'thank you' for their kind generosity.



ADULT CONFIRMATION - Our DRE, Sr. Celia Piala, will hold Sessions for **ADULTS** who would like to receive the Sacrament of Confirmation.

DATE: SATURDAYS OF APRIL

To register and for more information, come to the FCMM Office.



RENEWAL OF MARRIAGE VOWS - The Family Life Ministry of the Filipino Mission will host on **Saturday, June 22, 2013** a special celebration for couples marking their 25th, 30th, 35th and above years of being consecrated Ministers of Matrimony.

FOR MORE INFORMATION : CONTACT ANY MEMBER OF THE FAMILY LIFE MINISTRY or COME TO THE FCMM OFFICE !

IMPORTANT NEW INFORMATION ON BAPTISMS IN THE FCMM

A. Baptismal Registration

- ❖ NO DATE RESERVATION BY PHONE.
- ❖ RESERVATION MUST BE MADE THREE (3) MONTHS BEFORE DATE OF BAPTISM.
- ❖ RESERVATION WILL BE ACCEPTED ONCE THE REGISTRATION FORM IS COMPLETED.

B. Requirements for Principal Sponsors (Godparents)

- ❖ MUST BOTH BE ROMAN CATHOLICS and OF PROPER AGE (18 yrs. AND ABOVE)
- ❖ IF SINGLE: MUST PRESENT BAPTISMAL and CONFIRMATION CERTIFICATES.
- ❖ IF MARRIED IN THE CATHOLIC CHURCH: A PHOTO COPY OF THE MARRIAGE CERTIFICATE IS NEEDED.



The Sacrament
of Baptism

FOR MORE DETAILS: CONTACT THE FCMM OFFICE (514- 387 5292)

NEW ALTAR SERVERS NEEDED !!! THINK ABOUT IT !

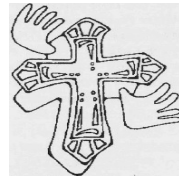


To be an Altar Server is to help the Priest at the Altar to make the Mass proceed smoothly. This is a wonderfully special way for a child or adult to participate in their faith and grow in their love of God. They also can feel more a part of the parish faith community in a way that is very meaningful and important.

To be eligible to be an Altar Server, all that is required is that you must have made your First Eucharist. So people of all ages are welcome. We are actively seeking servers of all ages. Let's remember, we are trying to be a Generations Of Faith parish. We are committed to providing an absolutely safe and nurturing

environment for our children. The next Altar Servers information/training meeting will be announced soon. In the meantime, if you are interested, write your name address, and phone number on a piece of paper and give it to Rocky Unabia after our Sunday liturgies . We need you ! THANKS !

ST. MARTHA'S CLUB NEEDS SOME MORE HANDS !!!



What in the world would make you feel so good? We are currently in need of a few good souls who would love to serve as behind-the-scenes men and women of the St. Martha's Club whose main concern is the service to the Lord in the care and beautification of the altar. Performing assigned tasks like sewing, washing and ironing of vestments and altar linens; keeping the altar clean and beautiful at all times; arranging flowers and preparing the materials needed for the mass , the Martha's are dedicated hands who do the

important little details to make our celebrations smooth, meaningful and beautiful.

Dedicated **men, women, youth, adults (couples are also welcome)**...

who are willing to share their valuable time to take care of the altar and serve Jesus in the Blessed Sacrament are welcome to join this organization.

There will be a formal training session to be announced soon. Meanwhile, think about it and if you have decided please give your name, address and phone number to Mrs. Lorie Palisoc or to Butch Aracena. THANKS !



St. Augustine is famous for saying "those who sing, pray twice." To further augment that quote: 'singing in the FCMM Choirs is twice as nice!' We have 3 Choirs in the FCMM. Why not consider joining THE FCMM ADULT CHOIR. THE BAGONG HIMIG CHOIR or THE FCMM YOUTH CHOIR. Each group has its own rehearsal schedule. You do not need a great voice to sing in the choirs. The Choirs' mission is to make beautiful and meaningful music with one voice! If you enjoy singing and think you might like to be a part of this Ministry, please speak to TITA ALLANA, PRECY PAVICO, or JOWEN SOGUILON. Thank you !

"Love is patient, love is kind. It is not jealous, it is not pompous."

- 1 Corinthians 13:4



Are you jealous? Do you focus more on the things that other people have than on the gifts that God has given to you? Are you pompous? Do you seek to acquire more possessions to impress others? At times we are all guilty of these human weaknesses. Yet as stewards we are called to love God above all other things – striving always to be less jealous, less pompous and more giving.



Your Offerings for the week ending January 27, 2013 totaled \$ 1,409. 00

Thank you for your continuing generosity !

God bless you always!!!

WHAT IS A REASONABLE WEEKLY DONATION TO MY PARISH?

One suggestion that we make is to consider donating the equivalent of your "First Hour of Work" each week to the Lord.



Love is patient, love is kind,
 Love does not insist on its own way.
 Love bears all things, believes all things,
 Hopes all things, endures all things.
 Love never fails.
 - 1 Corinthians 13:4-8



The **SANCTUARY LAMP** this week is burning for the **GLORY OF GOD** and **FOR PERSONAL INTENTIONS** offered by **TONY and NORMA FOZ**.



- ❖ To the *new arrivals* from the Philippines;
- ❖ To the *visitors* from other places;
- ❖ To those who have *been away and are back*;



❖ We join in the *Thanksgiving Intentions* of:
AU AQUINO, LANDO & MATET and FAMILY, THE AMBAYEC FAMILY, MARIELLE ALLANA, ERROL TADEO, ISABEL REY.



- ❖ Please join in lifting up the Special Intentions of :
FR. ROGER BEGIN, pme.
- ❖ Your prayers are humbly requested for all the sick and suffering members of our Mission community and their loved ones especially: **FR. ROGER BEGIN pme, SR. ELIZABETH RELACION mic, SR. LUZ PADERANGA op, ALFREDO PADERANGA SR., FE PADERANGA, ANNIE MOJADO, ELECITA ARACENA, BALDOMERA AMBAYEC, JULIA PERLAS-TAN, JOSEFINA BANGALAN, DAWN DELA PAZ, JOSIE LIMLENGCO, CARMENCITA TRIVINIO, BERNARDINO FERNANDO, IKE OSDON, TERESITA JALEA, WILFREDO DARIO, JOHN NICHOLAS MEJIA, TERESITA PLAMENCO, OLIVER MARTINEZ, PATRIA FEDERIZO, ANTONIO FOZ, ALICIA GINES.** May God bring them healing and peace.

❖ Remember also all of our *deceased relatives and friends*, especially **LAUDINA BADO, RAFAELLA, MARIA PAZ ZARASPE, ALL SOULS IN PURGATORY** and those dying everyday in battles and calamities around the world. May their souls and the souls of all the faithful departed rest in peace.

MASS INTENTIONS

Do you have a deceased relative for whom you wish all the Grace of God; or perhaps a dear friend who could use a bit of divine assistance in their lives, or simply if you have reason to offer thanksgiving for a new-born son, daughter, God-child, niece, nephew or the like? Well the Sacrifice of the Mass contains within it all of the graces of God and all that man can do to worship Him. Stop by or call the FCMM office (514 – 387 5292) during normal business hours and ask how you can have a Mass offered for your intention.

Good Health to You! 5 – 2 – 1.

One of our parish nurses passes along to us some valuable words of advice from the American Dietetic Association:

- 5 fruits and vegetables in your daily diet**
- 2 hours or less of daily television viewing**



1 hour of daily exercise

Our eating habits are poor, and we have become less active. This combination results in overweight and leads to obesity. As a result diabetes, heart conditions and high blood pressure are on the rise.

Start early following the above simple formula "**5 - 2 - 1**" and live healthier. Good Health to You!

**WINTER IS A MESSY SEASON ... PLEASE HELP US
MAINTAIN THE CHURCH CLEAN. MAKE SURE THAT YOU LEAVE YOUR
PEWS TIDY.**