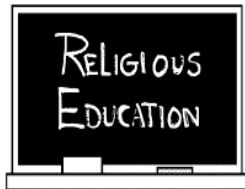




14TH SUNDAY IN
ORDINARY
TIME
July 3, 2011

How beautiful to hear, on this first Sunday of July, Jesus' invitation, "Come to me, all you who labor and are burdened . . ."

No one can say that this invitation does not concern him or her. Bruised and wounded in the battles of life, we all appreciate Jesus' invitation to go to him. He is the divine Consoler who can nurse our wounds, heal our ailments, lighten our burdens, and strengthen us for the future tests of life. Jesus is ready to do that for us at any time, but he does it with a special efficacy through the Eucharist. It is in the celebration of the Sacrament of his love that we experience the healing power and the consolation of his presence. Let us approach him with expectant hearts, therefore, as we participate in the celebration of the Eucharist, presenting to him also the needs and burdens of all the people dear to us.



DON'T FORGET TO PRE-REGISTER YOUR CHILD !

Parents who would like to enroll their children in the CLEC for the coming school year must signify their interest by pre-registering their child(ren) with the Catechetical Ministry. Formal Registration will be on all the Sundays of August. For more information please see any of our Catechists or visit the FCMM Office.

CATECHISTS NEEDED!!! This important Lay Ministry is in need of more people who can assist our children in their journey as young Catholics. Those interested may see Mrs. Linda Caldito-Ballares, Sr. Celia, or Fr. Frank.

Raise funds for the FCMM every time you shop!

Get Gift cards from the FCMM every week for your shopping needs !

Please be reminded that Shopping cards for many local stores, gasoline stations, and supermarkets are available



ALL YEAR-ROUND to all who wish to support our church. Cards are available in amounts from \$25.00 to \$100.00. **5% of your purchase goes to support our parish!** Please see Ms. Marites Bernabe.



CALLING ALL "LIVE-IN" and "CIVILLY MARRIED" COUPLES WHO WOULD LIKE TO HAVE A SACRAMENTAL MARRIAGE IN THE CHURCH !!!!

A Revalidation Of Marriage is being planned for OCTOBER, 2011 by the FCMM Family Life Ministry.

REGISTER NOW !

To find out more about this, please contact Mrs. Alice Panado or Mrs. Judith Diaz of the Family Life Ministry or the FCMM Office.



We wish our parishioners a blessed and enjoyable summer vacation. As many of us make vacation plans, let us also pray that as we travel, we travel with the Lord. May we also remember to include Our Lord in all our travel and vacation plans this season!



Please be informed that in the FCMM, during the summer months of July and August there is **NO CHANGE** in the schedule of our celebration of the Weekday and Sunday Eucharist + Wednesdays and Fridays at 6:00 p.m. +Sundays at 11:30 a.m.

Parents are particularly encouraged to make the extra effort to find a Sunday Mass when the family is traveling on summer vacation.

LEARNING FROM JESUS TO BE GENTLE AND HUMBLE



Some people take pride in their physical strength, their beauty, wealth, power . . .

Not a few use these assets to put others down, subjugate, and exploit them.

With few exceptions, such has been the common attitude of innumerable gifted “great men,” especially military leaders, whose names are recorded in the books of history. Their triumphs and achievements have often been won at the price of immense sufferings inflicted on others. Their monuments tower over mounds of skeletons and skulls . . .

Jesus Christ belongs to a different “school.” As he has done in other areas, he has introduced a new way of conceiving “greatness.” He has inaugurated a totally new style of being “great” – a style characterized by simplicity, meekness, loving kindness . . . the basic attitudes which foster peace and which make people feel at ease.

This is God’s style. Christ has learned it from the

Father and is now revealing it to his disciples, both in words and deeds. He has made lowliness, meekness, and the promotion of peace vital constituents of the Beatitudes and of all his Gospel.

And what he teaches he also puts into practice, as Zechariah had already prophesied when he said: “Your King shall come to you . . . meek . . . He shall proclaim peace to the nations” (Zec 9:9-10). Meekness and kindness, in fact, are very much characteristics of Jesus’ personality and behavior. His gentleness and humility have nothing in common with weakness. He is respectful of others without being slavish; ready to please and help, but not at the cost of sacrificing superior values. What Jesus teaches and practises is not meant to be an exception, but a pattern to be followed by all who acknowledge him as their leader and inspiration. “Learn from me, for I am gentle and humble of heart” (Mt 11:29). This may require a long apprenticeship, especially for some who are inclined to be self-assertive and domineering, if not aggressive altogether. This is the process of allowing Jesus, through the Holy Spirit, to “tame” our unruly dispositions, to harness and direct those energies in the proper direction, and to use them to build up others, rather than to destroy them.

Mahatma Gandhi is universally acknowledged as “the prophet of non-violence.” This title is definitely well deserved. And what he attained through his meekness and perseverance proves the power of these two virtues. What is often forgotten, however, is that Gandhi learned meekness and humility from Jesus Christ, as he himself acknowledged. If the teaching and example of Jesus could have such a deep influence on a Hindu (for such was the great champion of the Indian independence), how much more should it influence the convictions and behavior of us Christians. This is what will prove the sincerity of our acknowledging Jesus as our Teacher and Model. In a society characterized by pride and aggressiveness, our humility and meekness will have a prophetic role and will reveal our true identity – that we are disciples of the most loving of all human beings, Jesus of Nazareth.

WORD & LIFE PUBLICATIONS



The SANCTUARY LAMP this week is burning for the **GLORY OF GOD** and **AS THANKSGIVING** offered by **DIANE MARIE FERNANDEZ**



"For my yoke is easy, and my burden light." -

Matthew 11:30

When we think of being good stewards, we may think that God asks too much of us by asking us to generously share our time, talent and treasure. However, the yoke of stewardship is not heavy. Good stewards learn that by turning away from the materialism of the world, we can experience great joy in spending more time with God and sharing more of our gifts with others.



**Thank you for your continuing generosity !
God bless you always!!!**

Vacationing this summer? Have a great time, but don't forget the FCMM. Those monthly bills arrive like clock-work and we need your support in keeping our beautiful parish running smoothly.



Let's keep each other in prayer during these relaxing summer months, remembering always that we're family.

MASS INTENTIONS

Stop by or call the FCMM Office (514 387 - 5292) during normal business hours and have a Mass offered for your intention.



Our regular Hospitality Corner will be back on the July 10 issue. Thanks !



Today, July 3, is the Feast of St. Thomas, the Apostle, one of our patrons here in the FCMM. Let us pray:

Almighty and ever-living God, who strengthened your apostle Thomas with sure and certain faith in your Son's resurrection: Grant us so perfectly and without doubt to believe in Jesus Christ, our Lord and our God, that our faith may never be found wanting in your sight; through him who lives and reigns with you and the Holy Spirit, one God, now and for ever. AMEN.

Words of Wisdom: Five Minutes to Spare

No matter how busy you are, you could spend five minutes:

- *To answer the telephone
- *To read the morning paper
- *To talk with a neighbor
- *To dispute with the someone about a mistake
- *To watch new furniture being unloaded next door
- *To chatter with a salesman
- *To read a trivial letter
- *Or to write one.

It takes only five minutes:

- *To say a prayer for the suffering friend
- *To read a chapter in "The Following of Christ"
- *To stop and think of God's daily gift of mercy
- *To remember the cross
- *To thank our Blessed Mother for her care of us
- *To make an act of faith, hope, and love
- *To whisper an "Our Father" or "Hail Mary" for someone in need
- *To say a decade of the Rosary for the pour souls
- *To visit the little statue or picture on the mantleplace and tell the Savior how much you love Him
- *To make a spiritual communion.

Which is the better way to spend five minutes?

[Author unknown)

